## **FOOD AND NUTRITION (7 lessons)**

## **Prior Knowledge**

#### EYFS:

- To follow a simple recipe to bake
- Start to chop food using an age appropriate knife
- To talk about which foods can maintain good health

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## **National Curriculum Objectives Covered**

Use the basic principles of a healthy and varied diet to prepare dishes
Understand where food comes from

#### **End of Unit Assessment**

- Begin to understand that all food comes from plants or animals
- Explore the understanding that food has to be farmed, grown elsewhere (e.g. home) or caught
- Know how to prepare simple dishes safely and hygienically, without using a heat source
- Know how to use techniques such as cutting, peeling and grating

## **Key Concepts**

KC5 - Food and Nutrition

#### **Links Made**

PSHE – healthy eating

## Vocabulary

Germs, hygiene, invisible, important, clean, poorly, wash, palms, knuckles, fingers, food, origins, comes from, plants, animals, equipment, utensils, chop, peel, grate, prepare, knife, chopping board, instructions, fruit, chop, peel, grate, prepare, serve, kebab, skewer, Recipe, follow, ingredients, equipment, hygiene, food preparation, techniques

Key	Learning		Activities	Resources				
Concept(s)	Intention	Knowledge	Food and No. 121 and 72 house and					
	Food and Nutrition (7 lessons)							
KC5 - Food		_	Explain that we have <b>germs</b> on our hands, but they are too small to see. Some germs					
and	the	can make us	' '	Hand cream				
Nutrition	importance of	poorly	we eat.	Soap and water				
	good hygiene							
		, , , ,	0  0	Vocab				
		, 0		Germs, hygiene,				
		needed		invisible, important,				
				clean, poorly, wash,				
			· · · ·	palms, knuckles,				
		handwashing		fingers				
		techniques	Model good handwashing and all children practise. Use <u>handwashing video</u> as					
		demonstrated	needed to remind children					
KC5 - Food	To know	Know that all food	Discuss where food comes from. Watch video and explain that all food comes from	Pictures of food (or				
and	where food	comes from	either plants or animals. Children say what they have eaten so far today and where it	real food items if				
Nutrition	comes from	plants or animals	came from. Sort some food pictures (e.g. fruit, bread, sausages, milk etc).	possible)				
				Food origins video				
		Name common	Add sorting activity to provision and encourage children to access during					
		food that is grown	independent time.	Vocab				
		and common food		Food, origins, comes				
		that comes from		from, plants, animals				
		animals						
KC5 - Food	To explore	Handle utensils	Look at different <b>equipment/utensils</b> for <b>preparing</b> food. What are they for? How do	Vegetable peelers				
and	different	safely to chop,	,	Graters				
Nutrition	techniques for	peel and grate a		Child safe knives				
	preparing food			Chopping boards				

		Choose appropriate utensil for each task (e.g. a knife for cutting, a grater for grating)	table/basket for the class to eat	Fruit and veg that can be prepared (e.g. cucumber, carrot, apple, mango)  Vocab Equipment, utensils, chop, peel, grate, prepare, knife, chopping board
KC5 - Food and Nutrition	skills	Choose appropriate utensil for each task and say why Handle utensils safely and effectively to chop, peel and grate fruit	kebab  Link to English - encourage children in the provision to write about the kebab they made and label the ingredients  Add photos to class floor book	Vegetable peelers Graters Child safe knives Chopping boards Kebab ingredients (range of fruit) Skewers/sticks  Vocab Instructions, fruit, chop, peel, grate, prepare, serve, kebab, skewer
KC5 - Food and nutrition	a recipe	That cooking follows a recipe That the ingredients and equipment have to be planned	Each group of children chooses 1 <b>recipe</b> they would like to <b>follow</b> and make. They need to write a list of <b>ingredients</b> and <b>equipment</b> they will need and carefully read a photocopy of the recipe so they know what to do.	Book – Lunch at 10 Pomegranate Street Vocab Recipe, follow, ingredients, equipment

		Develop an appreciation for food from different parts of the world	
KC5 - Food and nutrition	To apply knowledge of hygiene and use food preparation techniques	chopping/peeling/	Ingredients and equipment for the chosen recipes  Vocab Recipe, follow, ingredients, equipment, hygiene, food preparation, techniques
KC5 - Food and nutrition	To apply knowledge of hygiene and use food preparation techniques	chopping/peeling/	Ingredients and equipment for the chosen recipes  Vocab Recipe, follow, ingredients, equipment, hygiene, food preparation, techniques

# **D&T TECHNIQUES (3 lessons)**

## **Prior Knowledge**

#### EYFS:

- To select tools and techniques needed to shape, assemble and join materials they are using
- To handle tools, objects, construction and malleable materials safely and with increasing control

## **National Curriculum Objectives Covered**

- Select from and use a range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing]
- Select from and use a wide range of materials and components, including construction materials, textiles and ingredients, according to their characteristics

#### **End of Unit Assessment**

- Begin to select tools and materials; use correct vocabulary to name and describe them
- Learn to use hand tools safely and appropriately
- Explain the need for safety when tackling new challenges

## **Key Concepts**

KC2 – Take risks

KC3 - Evaluate, critique and test

KC4 - Use technical knowledge

#### **Links Made**

## Vocabulary

Join, secure, techniques, materials, explore, evaluate, strengthen, wheels, axles, dowel, secure, join, attach, rotate

Key Concept(s)	Learning Intention	Crucial Knowledge	Activities	Resources and Vocab		
D&T Techniques (3 Lessons)						
KC2 – Take risks KC4 - Use technical knowledge	To explore techniques for joining wood	methods of joining wood, saying which work well and which don't	Introduce children to their project this term – create a vehicle with wheels that can be pushed along/will roll.  Children discuss possible techniques and materials they could use for this. In pairs/small groups children experiment joining cut off pieces of wood using a different glues and tape. Teach the children how to use the glue gun.	woodwork bench, hammer, nails, glue gun. Vocab		
KC4 - Use technical knowledge	To understand how to strengthen joins	triangles are the strongest shape	Explore the idea of strengthening corners. Present the children with K'nex and let them explore which shapes are the strongest. Draw the learning together and reinforce the idea that triangles are the strongest because they have lots of angles.  Teach the children how to cut card triangles and attach them to the corners. Children to use triangles to reinforce their joins and make them stronger.			
KC4 - Use technical knowledge	To understand how to attach wheels	attach wheels and axles  Explain methods and techniques	Provide the children with wheels, axles, tape, tube, glue. Allow the children time to experiment attaching wheels to the axles. After the children have placed the wheels on to the axles and tested them, introduce ways of preventing the wheels from falling off.  Children to experiment how tight they will need to secure the tubing on to the axles to ensure the wheels can rotate but do not wobble or fall off.	Axles, dowel, tubing, scissors, boxes  Vocab  Wheels, axles, dowel, secure, join, attach, rotate		

### **MECHANISMS – Y2 (6 Lessons)**

#### **Prior Knowledge**

#### EYFS:

- To select tools and techniques needed to shape, assemble and join materials they are using
- To use what they have learnt about media and materials in original ways, thinking about uses and purposes
- To safely use and explore a variety of materials, tools and techniques

### **National Curriculum Objectives Covered**

- Generate, develop, model and communicate their ideas through talking, drawing, templates, mock-ups
- Select from and use a range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing]
- Select from and use a wide range of materials and components, including construction materials, textiles and ingredients, according to their characteristics
- Evaluate their ideas and products against design criteria
- Explore and use mechanisms [for example, levers, sliders, wheels and axles] in their products

#### **End of Unit Assessment**

- Develop their ideas through talk and drawings and label parts. Make templates and mock ups of their ideas
- Explore and use mechanisms (for example, levers, sliders, wheels and axles), in their products
- Start to assemble, join and combine materials in order to make a product
- Learn to use hand tools safely and appropriately
- Explain the need for safety when tackling new challenges

#### **Key Concepts**

KC1 - Design and develop

KC2 - Take risks

KC3 - Evaluate, critique and test

KC4 - Use technical knowledge

#### **Links Made**

#### Vocabulary

Design, plan, blueprint, wooden frame, vehicle, resources, techniques, materials, wheels, axles, frame, make, assemble, create, apply, construct, cut, join, critique, evaluate, explain, improve

Key Concept(s)	Learning Intention	Crucial Knowledge	Activities	Resources and Vocab			
	Mechanisms (6 Lessons)						
KC1 - Design and develop	To design a vehicle that moves	Talk about techniques and materials that could be used to create a wooden framed vehicle  Design own wooden framed vehicle saying which materials/ resources will be needed	Look at examples of wooden framed vehicles and discuss techniques and materials used  Children to design a vehicle using the techniques they have explored in the previous weeks. Children to draw their designs on to squared paper and write about which resources and techniques they will use.	Wooden Framed Vehicles PowerPoint Squared paper  Vocab Design, plan, blueprint, wooden frame, vehicle, resources, techniques, materials, wheels, axles, frame			
KC1 - Design and develop KC2 - Take risks KC4 - Use technical knowledge	To apply knowledge and techniques to make a vehicle that moves	Follow plans to make wooden framed vehicles Apply techniques – cutting and joining	Children to make their designs using the techniques they have previously learnt.  Children continue to make their designs using the techniques they have previously learnt.	Axles, dowel, tubing, scissors, card, wood, boxes, card triangles, masking tape, glue, glue gun, saw, woodwork bench, hammer, nails			
			Children continue to make their designs using the techniques they have previously learnt.	Vocab Make, assemble, create, apply, techniques, construct, cut, join			

			Children continue to make their designs using the techniques they have previously learnt.	
KC3 - Evaluate, critique and test	To test their vehicle	Say what they liked about their	Children to test out their vehicles and compare them to their peers. Children to critique their work and that of one of their peers. Children to use the	Critique template Photos of the
		vehicle and what	critique templates for their own work and the smaller critique slips for their	children with their
		they think they	peers.	models
		did well		Vocab
		Say how they can		Critique, evaluate,
		improve in future		explain, improve
		Give positive		
		feedback to others in the class		