

Coverage Document

Relationships (R)

R 1 - Families and People who care for me	Y1	Y2	Y3	Y4	Y5	Y6
R1a						
R1b						
R1c						
R1d						
R1e						
R1f						

R2 - Caring friendships	Y1	Y2	Y3	Y4	Y5	Y6
R2a						
R2b						
R2c						
R2d						
R2e						

R3 - Respectful relationships	Y1	Y2	Y3	Y4	Y5	Y6
R3a						
R3b						
R3c						
R3d						
R3e						
R3f						
R3g						
R3h						

R4 - Online relationships	Y1	Y2	Y3	Y4	Y5	Y6
R4a						
R4b						
R4c						
R4d						
R4e						

R5 - Being safe Pupils should know	Y1	Y2	Y3	Y4	Y5	Y6
R5a						
R5b						
R5c						
R5d						
R5e						
R5f						
R5g						
R5h						

Coverage Document

Physical Health and Wellbeing (H)

H1 - Mental wellbeing	Y1	Y2	Y3	Y4	Y5	Y6
H1a						
H1b						
H1c	■	■	■			
H1d						
H1e	■		■			
H1f			■			
H1g	■	■	■			
H1h		■	■			
H1i						
H1j						

H2 - Internet safety and harms	Y1	Y2	Y3	Y4	Y5	Y6
H2a						
H2b	■	■	■			
H2c						
H2d			■			
H2e		■				
H2f						
H2g		■	■			

H3 - Physical health and fitness	Y1	Y2	Y3	Y4	Y5	Y6
H3a	■		■			
H3b	■	■	■			
H3c			■			
H3d						

H4 - Healthy eating	Y1	Y2	Y3	Y4	Y5	Y6
H4a	■	■	■			
H4b	■		■			
H4c		■				

H5 - Drugs ,alcohol and tobacco	Y1	Y2	Y3	Y4	Y5	Y6
H5a	■	■	■			

H6 - Health and prevention	Y1	Y2	Y3	Y4	Y5	Y6
H6a						
H6b	■					
H6c	■	■	■			
H6d	■	■				
H6e	■	■				
H6f						

H7 - Basic first aid	Y1	Y2	Y3	Y4	Y5	Y6
H7a	■	■	■			
H7b	■	■				

H8 - Changing adolescent body	Y1	Y2	Y3	Y4	Y5	Y6
H8a						
H8b						