

PSHE Whole School Overview

	Nursery	Reception	Year 1	Year 2
Autumn 1	All about me - my family, houses and homes Special people	All about me - my family, houses and homes, my heroes Recycle week Teeth and oral hygiene Washing hands: germs experiment (bread test)	The caring school Feelings, friends and friendships	The caring school Feelings and relationships
Autumn 2	Birthdays, special events	Birthdays, special events Fire / Sparkler safety	Focus on special people and anti-bullying	
Spring 1	Food tasting from different countries Self portraits		Healthy eating and hygiene	Healthy lifestyles
Spring 2	Stranger Danger	Stranger Danger	Physical health and wellbeing	Growing and changing
Summer 1	Exploring food (healthy food choices) Listen and respond to music - this makes me happy/sad	Exploring food (healthy food choices) The effects of exercise on our body	Growing and changing Keeping myself safe The world of drugs	Keeping myself safe The world of drugs
Summer 2	Ourselves (growing and moving on)	Ourselves (growing and moving on) We're all special		