

PE Whole School Overview

	Reception	Year 1	Year 2
Autumn 1	Fundamentals- Locomotion Walking Running Dodging Jumping Hopping Skipping		
Autumn 2	Gymnastics- shapes, balance, rolls, jumps		
Spring 1	Gymnastics – apparatus and sequencing (2 weeks) Dance (remaining weeks of half term)		
Spring 2	Dance		
Summer 1	Fundamentals - object control Throwing and catching Striking with hands/feet/implement		
Summer 2	Object control –continued Fundamentals – locomotion		