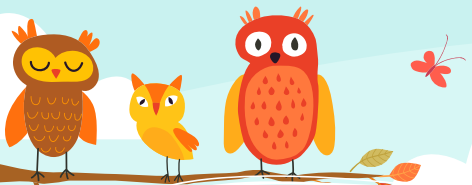


CHOICE AUTUMN



# Mega Mondays



# School Favourites



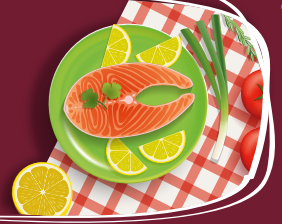
# Roast Wednesdays



# Tasty Thursdays



# Fishy Fridays



## WEEK 1

Weeks starting:  
28th Aug, 18th Sep, 9th Oct  
30th Oct, 20th Nov, 11th Dec

Hand Stretched Margherita or Pepper Pizza with Garlic Slice (V)  
Mexican Bean Chilli & Home Baked Tortilla Chips (VG)  
Jacket Potato with Choice of Fillings (GF)  
  
Green Beans, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Ice Cream Roll (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Oven Baked Sausages  
Cheesy Pasta Bake (V)  
Sandwich of the Day  
  
Crushed New Potatoes (VG) (GF)  
Peas, Carrots, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Chocolate Sponge & Chocolate Sauce (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Roast Chicken (GF)  
Baked Bean Potato Pie (VG) (GF)  
Jacket Potato with Choice of Fillings (GF)  
  
Skin on Roast Potatoes (VG) (GF)  
Carrots, Broccoli, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Fruit & Jelly (VG) (GF)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Penne Pasta Bolognese  
Cheese & Tomato Stromboli (V)  
Sandwich of the Day  
  
Green Beans, Cauliflower  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Oaty Cookie (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Breaded Fish Fingers  
Vegetable Sausages (VG)  
Jacket Potato with Choice of Fillings (GF)  
  
Chips (VG) (GF), Peas  
Baked Beans (VG) (GF), Ketchup (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Apple Cake (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

## WEEK 2

Weeks starting:  
4th Sep, 25th Sep, 16th Oct  
6th Nov, 27th Nov, 18th Dec

Hand Stretched Margherita or Pineapple Pizza with Pasta Salad (V)  
Vegetable & Noodle Stir Fry (VG)  
Sandwich of the Day (V)  
  
Sweetcorn, Baked Beans (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Strawberry & Vanilla Mousse (V) (GF)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Macaroni Cheese (V)  
Mild Beef Chilli Con Carne (GF)  
Jacket Potato with Choice of Fillings (GF)  
  
Steamed Rice (VG) (GF)  
Green Beans, Carrots  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Red Velvet Brownie (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Roast Gammon (GF)  
Cheese & Tomato Pinwheel (V)  
Sandwich of the Day  
  
Skin On Roast Potatoes (VG) (GF)  
Carrots, Cauliflower, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Lemon Cookie (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Sausage & Baked Bean Casserole  
Shepherdess Pie (VG)  
Sandwich of the Day  
  
Crushed New Potatoes (VG) (GF)  
Broccoli, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Apple Flapjack (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Choice of Breaded Fish Fingers or Salmon Fishcake  
Baked Bean Melt (V) (Vegan option available)  
Jacket Potato with Choice of Fillings (GF)  
  
Chips (VG) (GF), Peas  
Baked Beans (VG) (GF), Ketchup (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Banana Bread (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

## WEEK 3

Weeks starting:  
11th Sep, 2nd Oct  
23rd Oct, 13th Nov, 4th Dec

Hand Stretched Margherita or Sweetcorn Pizza with Garlic Slice (V)  
Vegetable Biryani (VG) (GF)  
Sandwich of the Day (V)  
  
Green Beans, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Chocolate Crispy Cake (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Cottage Pie (GF)  
Neapolitan Pasta (VG)  
Jacket Potato with Choice of Fillings (GF)  
  
Carrots, Peas  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Lemon & Courgette Drizzle Cake (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Roast Chicken (GF)  
Cheese & Onion Pie (V) (GF)  
Sandwich of the Day  
  
Crushed New Potatoes (VG) (GF)  
Broccoli, Carrots, Gravy (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Ice Cream & Fruit (V) (GF)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Hand Stretched Pepperoni Pizza with Pasta Salad  
Stir Fried Rice & Vegetables (VG) (GF)  
Jacket Potato with Choice of Fillings (GF)  
  
Green Beans, Sweetcorn  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Chocolate Cookie (VG)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)

Breaded Fish Fingers  
Spanish Omelette (V) (GF)  
Sandwich of the Day  
  
Chips (VG) (GF), Peas  
Baked Beans (VG) (GF), Ketchup (VG) (GF)  
Daily Salad Selection (VG) (GF), Fresh Sliced Bread (VG)  
  
Sticky Toffee Pudding (V)  
Seasonal Fruit, Fruit Yoghurt (V) (GF)



V = Vegetarian | VG = Vegan | \*GF = Gluten Free

For full allergen information please refer to your School Grid Account. \*Gluten free products are prepared in a kitchen that handles products containing gluten.